

# JACOB'S LADDER SUMMER ENRICHMENT PROGRAM

## A Typical Day for the RA

- 7:00 - 7:30      **Rise and Shine**  
Prepare room for inspection.
- 8:00 - 8:30      **Breakfast**  
It is helpful to gather the Climbers in the dorm lounge and to come down as a group. Proceed in orderly fashion to Dining Room. Climbers are responsible for meeting in the hall at their designated time and for behaving appropriately during breakfast to earn their point for breakfast. RA's sit with Climbers. Climbers' rooms should also be ready for room check before breakfast.
- 8:40 - 9:00      **Chapel**  
Everyone! RA's share in leading chapel programs.
- 9:00 – 12:30      **Climbers in Class with Teachers**
- 9:00 - 9:45      **RA Meeting - Fine Tune Planning**  
This time is to be used by the Resident Advisors to review planned activities and to coordinate who is responsible for carrying out these activities. This time can also be used to discuss any concerns that the Resident Advisors may have, or to discuss what is or is not working and strategies to modify and improve plans as necessary.
- 9:45 – 12:30      **RA Personal Time**  
Use this time to relax and prepare yourself for the rest of the day!
- 12:30 - 1:00      **Lunch**  
Everyone! After lunch--dismissal. Climbers are to go to assembly before they go on dorm. Prepare for swimming lessons. "Hanging out" on the courtyard or lobby is not permitted at this time.
- 1:00 - 3:30      **Swimming and Activity Period - Grouped by Ability Level**  
One male and one female RA must accompany the small groups to the pool for lessons. Another RA must be on dorm with the Climbers between and after swimming. This on-dorm time can be used for quieter indoor activities such as reading, crafts, or other small group activities.

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- 3:30 - 5:00            **Organized Fun and Games Planned by Athletic Director Assisted by RA's**  
Resident Advisors will assist in planned activities at this time. Remember to have an alternative plan in case it rains!
- 5:00 - 5:45            **Shower and Dress for Supper**
- 6:00 - 6:30            **Dinner in Dining Room**  
Climbers and RA's gather on dorm to come to dining room. Blessing before dinner.
- 6:30 - 7:30            **Clubs - Planned, Prepared, and Led by RA's**  
This is a great time to share the special talents or knowledge that you have with the Climbers. Some examples of clubs have been Tennis, Arts and Crafts, Poetry, Volleyball, Croquet, Genealogy, Book Nook, Board Games, Career Club, First Aid, Chess, Astronomy, Geology, Puppets, Sign Language.
- 7:30 - 8:30            **Free Time on Athletic Fields**
- 8:30                    **All Climbers to be On Dorm - Unwind, Shower, Encouragement Group Meetings**  
This time is to be used for quiet reflection about the day's activities and for preparing for lights out. RA's may plan devotions and lead small group meetings for positive comments, encouraging remarks, special announcements.  
**Tip:** A room straight and clean in the p.m. makes a.m. room check a piece of cake!
- 9:30                    **Lights Out for 5th and 6th Graders**  
9:45                    **Lights Out for 7th Graders**  
10:00                   **Lights Out for 8th Graders**